



### Medical Services

Our Board Certified Medical Director, a Professor of Geriatrics, works closely with physicians, Physician Assistants, and Nurse Practitioners, to ensure quality of care. Our providers work closely with all hospitals in the Bronx and neighboring communities.

### Nursing Care

Our nursing team develops therapeutic relationships and close bonds with our residents by assuring that each patient is treated with dignity as an individual with their health and well-being as the primary goal.

### Rehabilitation

Kings Harbor Multicare Center offers one of the most comprehensive Rehabilitation facilities (both inpatient and outpatient) available in the NY Metropolitan area. All rehabilitation services delivered are specially designed to meet the particular needs of our residents.

### Orthopedic Rehab Unit

The focus is on individual treatment in order to speed recuperation and to ensure a smooth transition between hospital and home. Our experienced rehabilitation staff in the area of orthopedics will focus treatments on returning residents to a full and active lifestyle in the shortest time.

At Kings Harbor Multicare Center, we provide long-term and short-term skilled nursing care for more than 700 residents. Located in the Pelham Gardens neighborhood of the Northeast Bronx, we are easily accessible to major highways and public transportation. Our three building campus facility, with surrounding gardens, ensures that residents with similar capabilities are grouped together.

Kings Harbor's resident community is diverse in background, culture, religion, race and age. The care provided meets a broad range of needs with some residents requiring only partial assistance with their activities of daily living, while others require total personal assistance. The Kings Harbor healthcare team works toward a common goal - to help residents achieve and maintain their optimum functioning within an atmosphere of comfort and dignity.



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Comfort and Security for your loved one...  
Peace of Mind for you.

## Dialysis

At Kings Harbor, we have developed a Renal Care Team to coordinate the medical and nutritional needs of dialysis residents. This team is comprised of Board Certified Nephrologists, dialysis nurses and certified renal dietitians.

## Alzheimers/Dementia

Our staff is trained to move along at the persons pace and adjust their level of care and need as it arises. As they move along the spectrum of the disease the spectrum of care moves as well to continue to meet them where they are.

## Therapeutic Recreation

Social, creative, and intellectual simulation are key to a resident's emotional and physical well-being. Recreational programs are designed for each resident's individual ability, providing an opportunity for self expression and encouraging social interaction.

## Social Work

The Department of Social Work is staffed by experienced professional social workers. Each unit has an assigned social worker and a social work supervisor to ensure that all of our residents' psycho-social needs are met.

## SHORT-TERM REHABILITATION

The short-term rehabilitation unit includes a dedicated area within our center and a rehabilitation gymnasium for those patients admitted for short-term intensive rehabilitation. We aim to have all patients functioning to the best of their ability in the shortest period of time. The following rehabilitative services are available as needed:

- Physical, Occupational and Speech Therapy
- Customized Clinical Programs
- Orthopedic Rehabilitation
- Cardio/Pulmonary Rehabilitation
- Ambulation Training
- Endurance Training
- Activities of Daily Living Re-training
- Patient/Family Education
- Home Discharge Preparation
- Cardiac Care Program
- EKG Onsite



## Courtesy Transportation

At Kings Harbor Multicare Center, we understand how important family and friends are to our residents. Kings Harbor has established a free courtesy transportation service designed to enhance the lives of our residents and their friends and families. The Kings Harbor vans have become a neighborhood symbol of the facility that truly goes the extra mile.

Courtesy van service operates seven days a week. We pick up family members and friends of residents at their front door and return them to their front door. We will also pick up family members to attend Care Plan meetings, when availability allows. Our vans travel daily to the Bronx, and several times weekly to Manhattan and Southern Westchester. Our drivers are all equipped with cellular phones so they can be in constant contact with our Kings Harbor central dispatching center, helping to ensure the safety of our passengers.

Please call **718-405-3554** to schedule a transportation appointment.



**FOR A PRIVATE TOUR, PLEASE  
CALL US AT (718) 405-3560**